



Annual General Meeting (AGM) & Committee of Management

We are pleased to share that our **Annual General Meeting (AGM)** was successfully held in October.

Thank you to all members who attended and contributed to the discussions.

We're happy to confirm that there is **no change to the Committee of Management** for the upcoming term. The current team will continue their valuable work in guiding our Association, supporting, empowering, and connecting Vietnamese women and families within our community.

We sincerely thank all committee members for their ongoing dedication and commitment. 🌸

From left to right: **Lien Nguyen Navas** – Secretary, **Mya Mansour** – Chairperson, **Rene Weal** – Assistant Secretary, and **Karen Phu** – Treasurer.



♥ Support at Home – A Guide for Older People, Families, and Carers



The Australian Government has released an updated **Support at Home Program Guide** to help older people and their carers better understand the **new aged care system starting on 1 November 2025**.

The **Support at Home Program** will **replace the current Home Care Packages (HCP) Program** and aims to make it easier for older Australians to access the care and services they need to live independently at home.

This guide provides clear and practical information about the upcoming changes and the types of support available.



You can read or download the full guide here:



[Support at Home Program – A Guide for Older People, Families and Carers \(PDF\)](#)

Care Management

Learn how care management works to coordinate your services and ensure your individual needs and preferences are met.

Care management

You will have access to care management, which supports you to get the best outcomes from your aged care services.

If you receive ongoing services, 10% of your budget each quarter will go to your provider for care management. This amount will be the same even if you have decided to self-manage all or some of your services.

Your Support at Home provider will deliver care management activities, including:

Services	Description
Care planning	- Working with you to identify and assess your needs, goals, preferences and existing supports - Developing and reviewing your care plan - Reviewing your service agreement
Service coordination	- Communication and coordination with workers involved in the delivery of your services, and with you and your family or informal carers (if you consent) - Budget management and oversight - Supporting you if you move to a different kind of care, or from hospital to home
Monitoring, review and evaluation	- Engaging in ongoing care discussions - Case conferencing - Monitoring and responding to your changing needs and any emerging risks - Evaluating goals, service quality and outcomes
Support and education	- Supporting you to make informed decisions - Supporting and integrating reablement approaches - Providing advice, information and resources - Health promotion and education - System navigation and linkage - Problem-solving issues and risks - Ensuring your views, rights and concerns are heard and escalated - Assisting you with providing complaints and feedback

Classifications, Budgets, and Contributions:

Understand how your support level is determined, how budgets are set, and what contributions you may be asked to make based on your circumstances.

We're also excited to announce that a **guest speaker from the Department of Health** will be joining us to discuss **the new Support at Home changes and the associated costs**.



Join our Social Support Group on Friday, 28 November, from 10:00 AM at the Ingle Farm Recreation Centre.

Everyone is welcome to come along and learn more about how these changes may affect you or your loved ones.



Pricing and Costs:

- **Summary of indicative Support at Home prices:**
<https://www.health.gov.au/sites/default/files/2025-10/summary-of-indicative-support-at-home-prices.pdf>
- **Home Care Package costs and fees (effective until 31 October 2025):**
<https://www.myagedcare.gov.au/home-care-package-costs-and-fees>

These resources are an excellent way to learn about your rights, available services, and how to prepare for the transition from the HCP program to the new Support at Home Program.



Stay in Touch

If you have any questions or would like more information, please contact the Vietnamese Women's Association office on 08 8359 4115 or at info@viwa.org.au.

Together, we continue to support and empower our community. 

 **Stay Connected with Us!**

We love sharing updates from our **excursions, social support groups, and community news** on our **Facebook page**.

 **Don't forget to follow us on Facebook** to stay connected and see what's happening at the Vietnamese Women's Association! 

ViWa

Don't Forget to

**FOLLOW
US**



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